

Discover Your Magic

An early childhood weekend retreat

FRIDAY 4 NOVEMBER 2016

5:00pm – 6:30pm

Session for Approved Providers

From legal to industrial and everything in between, join Belinda Kenneally (Kenneally & Co Lawyers) & other guest speakers for a panel session with approved providers.

4:30pm – 6:15pm

Registration

6:30pm – 8:30pm

Welcome Drinks and Canapes (Dress: Smart Casual) (Sponsored by Guild Insurance)

SATURDAY 5 NOVEMBER 2016

8:15am – 8:45am

Registration

8:50am – 9:00am

Welcome

9:00am – 10:30am

The Educator's Toolkit For Behaviour

Sandi Phoenix, Phoenix Support for Educators

Is children's behaviour ours to manage? During this conversation style presentation, educators will discuss "managing" children's behaviour in the contemporary education and care setting through the lens of an analogy about filling children's cups for basic human life needs. Educators will unpack the reasons and functions that drive children's behaviour as developing human beings. Educators will walk away with a new tool in their toolkit to understand children's behaviour and guide their social decisions.

10:30am – 11:00am

Morning Tea

11:00am – 12:30pm

The Power Of Presence; Using Rhythm To Promote Healing and Self-Expression

Tim Orgias, InRhythm

InRhythm's -'Rhythm & The Power of Presence' session will utilise the therapeutic benefits of rhythm and drumming to help you unveil the natural sense of peace and joy that is every humans birthright. Tim will offer a taste of InRhythms' Therapeutic Drum Circle Facilitator Training Program to help spread access to this lifestyle & community building tool. You can expect a joyful taster of Tim's engaging and motivational program during this session. Get ready to make some noise!

12:30pm – 1:15pm

Lunch

1:15pm – 2:45pm

Inspiring Colourful And Adventurous Eating in Your Centre- Helping Kids to Shine Through Developing A Love Of Fresh Food

Kate Wengier, FOOST

Come along and join Kate Wengier, mum and dietitian, in a fun and hands on adventure to learn how to inspire healthy, colourful eating in your rooms. The workshop includes tips for cooking with kids and so much more. It's about the role you play in helping kids (and their parents) enjoy healthy foods! It's bursting with fun and easy ideas to implement in your current program. Workshops are designed to teach food literacy and engage little people to have fun through involvement in a multi-sensory, entertaining and educational experience of healthy food. Developing a love of fresh food will set kids up for life!

2:45pm – 3:00pm

Afternoon Tea

3:00pm – 4:30pm

Staying Fresh and Inspired While Trying To Juggle It All

Louise Dorat, Early Childhood Consultant

Do you feel like your head is going to explode working in Early Childhood? How do you stay fresh and inspired when there is an endless cycle of Regulations, Quality Standards, Frameworks, QIP. Meetings, Documentation and Intentional Teaching? This session will outline an 10 point plan on managing your life.

- Gain Strategies to stay fresh and inspired whilst juggling a multitude of tasks
- Learn to spend time on what is important, not what is urgent
- Get your weekend back and never take documentation home again
- Learn to laugh again

7:00pm – Late

A Magical Evening (Dinner)

Come dressed in your "magical" attire, ie. with sparkles, glitter, glamour, wizards, fairies Harry Potter, or any character of your choice! Join us for a fun-filled night of networking!

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SUNDAY 6 NOVEMBER 2016

9:20am – 9:30am

Welcome Back

9:30am – 11:00am

Come Explore The Magic In The Forest Anya Perkins, Nature Play QLD

Discover the principles and practice of Forest School and learn techniques to implement these principles and practices in the context of your service. We will explore a 'typical' Forest School session, along with the necessary procedures and routines to put in place. We will get out into the great outdoors to take part in a selection of adaptable and practical Forest Learning activities, mapped to the EYLF and NQS and introduce how to plan and record learning experiences to meet curriculum demands and external expectations. We will also touch on tried and tested suggestions to help you get other colleagues, parents and the wider community on board and in support of outdoor play developments in your setting.

11:00am – 11:30am

Morning Tea

11:30am – 1:00pm

Keeping the Magic in Children's Lives

Dr John Irvine is one of Australia's most renowned child psychologists

He will discuss how to keep the magic in children's lives, helping children manage frustration, anger, and anxiety.

This is a fun interactive session with practical ideas for you to take back into your services.

1:00pm – 1:15pm

Prize Draw and Retreat Close

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NB: Program is subject to change

ABOUT THE EVENT

This early childhood retreat, proudly presented by Australian Childcare Alliance New South Wales, will deliver a fun-filled weekend of professional development, networking and inspiration to add value to everything you do at your service. We look forward to seeing you there!

REGISTRATION PACKAGE

Your all-inclusive retreat registration includes the full program, including all sessions, welcome drinks/canapes and retreat dinner. Members are eligible for a heavily discounted registration fee, so please ensure you quote your ACA membership number to take advantage of this member benefit. If you are not yet an ACA member and would like to become one to take advantage of the \$125 member discount (and the many other benefits that ACA NSW membership provides!), please visit the ACA NSW website to find out how you can join the ACA NSW family.

Registration fee for Australian Childcare Alliance Members: \$460 (incl GST)

Registration fee for Non-Members: \$585 (incl GST)

ABOUT THE VENUE

Fairmont Resort Blue Mountains (1 Sublime Point Rd, Leura NSW) on the cusp of the dramatic Jamison Valley in the World Heritage-listed Blue Mountains, National Park located only one and half hours drive west of Sydney. The Fairmont is offering discount room rates for retreat delegates. Call the hotel direct on (02) 4785 0000 ext 1 and mention the retreat, Quote AUST220716 to access these discounts. There are other locations close by with alternative accommodation.

HOW TO BOOK

Visit the ACA NSW website (www.nsw.childcarealliance.org.au) to download our registration form, which must be completed and returned promptly with payment to guarantee your booking.

ACA NSW gratefully acknowledges the support of our partners: